

WHAT IS A WARNING SIGN?

Thoughts, feelings and behaviors that INDICATE significant change and that an individual may be in NEED OF HELP

WHAT IS A THREAT?

Any communication directly or through a third party which has the intent to HARM themselves or someone

WHAT IS A WARNING SIGNAL?

Gestures or ACTIONS that transmit information which can be either OVERT or VAGUE in nature

- Withdrawal from others
- Bullying or Hitting
- Negative Role Models
- Excessive Anger
- Impulsive intimidating
- Extreme mood changes
- Thoughts or plans of harming self or others
- Blames others for own failures
- Fear of riding the bus / going to school
- Will not forgive or forget the wrongs of other people
- Significant personality change
- Excessive feelings of isolation or rejection

- Give away possessions
- Fascination with suicide
- Rigid beliefs or ideologies
- Brag about access to guns
- Fascination with weapons
- Fascinated with school shootings
- Fascination and/or writings and drawings of death
- Recruit friend to join an attack
- Warn a friend to stay away from school or an event
- Bragging about an upcoming attack

SAFE SAY

- "Somebody should do that here." (supporting violent act)
- "Someone should blow this place up."
- "Life isn't worth living."
- "I am going to take her and her friends out."
- "You'd be better off without me."
- "They will regret they ever met me."

HOW IT WORKS

Step 1

Submit an anonymous tip

Call the tipline



1-844-SAF2SAY

Use the Website



www.safe2saypa.org



Use the mobile App available for Apple and Android devices

Step 2

All calls and tips received by the 24/7 crisis center

1

A crisis center analyst receives and reviews tip information

2

The tip is triaged and categorized as either life safety or non-life safety

3

The tip is then sent to school officials and law enforcement (as needed) via text, email, and/or phone call within seconds

SAFE SAY
SOMETHING

Step 3

School officials & law enforcement intervene and help individual(s)

1

School officials and law enforcement (as needed) act immediately to investigate, assess, and intervene with reported at-risk individuals

2

At-risk individuals receive the help they need BEFORE they ever get to the point of hurting themselves or others

3

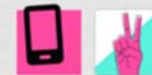
School officials report their outcomes into the Safe2Say Something platform and close out the tip, ensuring accountability for every tip submitted

SEE IT. REPORT IT.

1

SUBMIT YOUR TIP ANONYMOUSLY

24/7 - 365 Days a Year



mobile app



1-844-SAF2SAY



Safe2SayPA.org

SAFE SAY
SOMETHING



And online at www.frsd.info

Every user MUST associate themselves with a school within the district in order to submit a tip

What is the problem?

Each year in schools and communities across the United States, there are millions of youth who hurt themselves or others through verbal, physical and digital means. These behaviors can cause youth to experience emotional trauma and physical injury, mental health or wellness issues, stress or anxiety, and/or feelings of being unsafe. Too often the outcome results in self-harm, suicide or homicide.

WHAT IS THE SOLUTION?

The Safe2Say Something Anonymous Reporting System teaches youth and adults how to recognize warning signs and signals - especially within social media - of individuals who may be a threat to themselves or others and say something BEFORE it is too late.



Provides an app, website, and 24/7 crisis telephone hotline for youth and adults to submit anonymous tips

Provides training on how to recognize the signs and signals of at-risk behaviors – especially within social media

Works to take every sign and signal seriously; act quickly to get help by talking to a trusted adult

21% of high school students are bullied on school property in Pennsylvania each year^[1]

The Facts

In a majority of these acts, youth and adults are witnesses to threats, warning signs, or signals, especially on social media, but do not report or intervene to help the at-risk youth. In fact:

- Approximately, 1 million U.S. students reported being harassed, threatened or subject to other forms of cyberbullying^[2]
- 80% of school shooters told someone of their violent plans. 59% told more than one person^[3]
- 70% of people who complete suicide tell someone of their plans or give some other warning sign^[4]
- A national study found that 37% of threats of violence, bullying, etc. were sent electronically and 28% used social media^[5]

The Reasons

There are many reasons why youth and adults do not say something when they see a warning sign or signal. They do not:

- Understand or know how to recognize warning signs and signals of at-risk behavior
- Believe a threat to be true because “they would never say it publicly if they meant it”
- Want to be labeled, stigmatized, possibly physically threatened as a “snitch”
- Know who to tell or “believe that nothing will be done to help anyhow”
- Think they need to because someone else will say something

17.3% of high school students are electronically bullied in Pennsylvania each year^[6]

An infographic comparing "SAY SOMETHING" and "TELLING ON SOMEONE". "SAY SOMETHING" is associated with getting help for safety, protecting oneself and others, and wanting to help. "TELLING ON SOMEONE" is associated with trying to get someone in trouble for personal gain and wanting to get them in trouble. The SAFE2 SAY logo is in the bottom right corner.

SAY SOMETHING vs. **TELLING ON SOMEONE**

- Getting someone help for their own safety and well-being and to protect yourself and others from harm.
- You want to help them.
- Purposely trying to get someone in trouble for your own gain.
- You want to get them in trouble.

SAFE2 SAY

An infographic titled "IT'S NOT JUST ABOUT VIOLENCE AND SUICIDE. YOU CAN ALSO HELP WITH OTHER PROBLEMS." It lists various issues that can be helped: eating disorders, substance abuse, bullying, sexual predators, and sexual abuse. The SAFE2 SAY logo is in the bottom right corner.

IT'S NOT JUST ABOUT VIOLENCE AND SUICIDE.
YOU CAN ALSO HELP WITH OTHER PROBLEMS.

- MAY HAVE AN EATING DISORDER
- MAY BE A SEXUAL PREDATOR/BEING PREYED ON
- SUBSTANCE ABUSE OR ADDICTION PROBLEM
- BULLYING OR BEING BULLIED
- ABUSING OR BEING ABUSED (VERBALLY/PHYSICALLY)

SAFE2 SAY

The Sandy Hook Promise logo features a tree with hands as leaves. Below it is the text "Sandy Hook PROMISE". To the right is the official seal of the Office of Attorney General, Commonwealth of Pennsylvania.

in partnership with

Sandy Hook PROMISE

OFFICE OF ATTORNEY GENERAL
COMMONWEALTH OF PENNSYLVANIA

The SAFE2 SAY logo is at the top. Below it is the text: "The Safe2Say Something program and crisis center is operated by the Pennsylvania Office of Attorney General." The logo of the Office of Attorney General, Commonwealth of Pennsylvania is also present.

SAFE2 SAY

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